

Lining a Rugby Pitch

Follow the numbered steps with crew of 3 (1 to line, 2 to hold string).

1. Paint one sideline.
2. Paint dashed 5-m line (2 steps paint, 3 steps no paint).
3. Paint dashed 5-m line on other side (2 steps paint, 3 no paint).
4. Paint other sideline.
5. Paint dead-ball line (back of end zone).
6. Paint goal line.

7. Paint 22-m line. (Use soccer 18-m line if visible.)
8. Paint 50-m line.
9. Paint dashed 10-m line (10 m from 50).
10. Paint other dashed 10-m line.
11. Paint 22-m line.
12. Paint goal line.
13. Paint dead-ball line.

